CURRICULUM

Content (summary) of the first year

**Holistic approach to the human development**

(45 weeks)

Theoretical lessons run in a week rhythm, two times a week (135 hours), and art lessons, incl. eurhythmy, development of speech/ theatrical lessons or quire (by choice or both), (135 hours),

Two 5-day blocks with invited teachers for theory, art lessons (45 hours, incl. 30 theory, 15 art).

***Theosophy of R. Steiner, First chapter (45 hours)***

***Education, it`s history, present and future. Waldorf education, its trial method of the child development. Holistic approach to the human being. Threefold structure of human soul (thought, feeling, will). (3 hours).***

***Curative education and general education, main common features, differences. History of curative education and social therapy. (3 hours)***

***Тhreefold nature of human constitution (body, soul, spirit) and three constitutional polarities. Observation of symptoms, diagnostic and handling of constitutional polarities (6 hours).***

***Fourfold nature of human being. Disability as impairment of physical body as tool of self expression and action. Spiritual core of human being (6 hours)***

***Three main 7-year stages of child development. Educational approach to different ages. Play and toy, importance of child play for the further development. (6 hours).***

***12 senses, 4 low senses as basic ones. Importance of first three years of life in further development. (based on Karl Konig book «Development of senses and body experience») (6 hours).***

***Seven life processes. Their extrapolation in human soul life. Impairments of these processes (6 hours).***

***Fours main organs of human organism. Pathology and its impact on the soul life of the human being. Formation of human consciousness (6 hours).***

***Standing, walking, speaking. Impairments and consequences. (6 hours).***

***Phenomenological method of observation process. Tools of personal diagnostic, leading to therapy (6 hours).***

***Self-development of curative teacher/social therapist as key aspect of professional activity. Threefold development of pedagogue/ social therapist Main pedagogical Law (6 hours)..***

***Qualitative research methods. Pratical exrecises with (45 hours).***

Course, includes also practice in “Mayri” center, once a week, 2 hours per day of handwork in different workshops when supporting beneficiary with disability and 2 hours of inclusive art, as well as written reflection of the work during practical trainings in qualitative research (180 hours). It is necessary to mention also about independent learning of student, reading, reflection, as well as participation in diagnostic process (100 hours).

Total: 150 hours theory, 150 hours of art, 180 hours of practice and independent learning

**Total 480 hours**

Content (summary) of the second year

**Individuality and disability**

(45 weeks)

Theoretical lessons run in a week rhythm, two times a week (135 hours), and art lessons, incl. eurhythmy, speech development, theatrical laboratory, quire, modeling (135 hours)

Two 5-day blocks with invited teachers for theory, art lessons. (30 hours, ncl. 30 theory, 15 art).

Content (summary)

***«Philosophy of freedom» of R. Steiner, (57 hours)***

***Phenomenology and diagnostic process. Biography as a part of diagnostic: Ethical sensitivity. Dialogical model of understanding (6 hours).***

***Different types of disorders аnd accompanying learning, social, psychical, behavioral problems. Therapy and social guidance (3 hours).***

***ADHD, its symptoms, conditions, causes, accompanying problems, therapy and guidance (3 hours).***

***Autism, Asperger syndrome, main symptoms, conditions, causes, accompanying problems, therapy and guidance (3 hours).***

***Daun syndrome, main physical impairments, symptoms, causes, accompanying problems, therapy and guidance. (3 hours)***

***Impairments of muscular-skeletal system, Cerebral palsy, symptoms, causes, accompanying problems, therapy and guidance (3 hours).***

***Epilepsy, main symptoms, causes , accompanying problems, therapy and guidance (3 hours).***

***Tourette syndrom and other rare syndroms, symptoms, accompanying problems, therapy and social guidance (3 hours).***

***Formation of speech, speech impairments, absence of speech, its consequences, therapy and guidance (6 hours).***

***Qualitative research methods, practical trainings (45 hours).***

Course, includes also practice in “Mayri” center, once a week, 2 hours per day of handwork in different workshops when supporting beneficiary with disability and 2 hours of inclusive art, as well as written reflection of the work during practical trainings in qualitative research (180 hours). It is necessary to mention also about independent learning of student, reading, reflection, as well as participation in diagnostic process (100 hours).

Total: 150 hours theory, 150 hours of art, 180 hours of practice and independent learning

**Total 480 hours**

Content (summary) of the third year-

SOCIAL THERAPY

(45 weeks)

Academical (66 hours), independent learning (100 hours), practice in craft and art lessons with beneficiaries (180 hours)

**Art and crafts based education for people with disability.**

***History of MAN and NATURE relations. Different substances as representatives of different kingdoms of nature. History of humanity in the way of processing of different substances. Different krafts and their different impact on the human being. Importance of craft in a way of its impact on human senses, development of different abilities (6 hours).***

***The role of art in the history of human being. Impact of different arts and its use in education. History of the development of different arts. Importance of art in a way of its impact on human senses, development of different abilities. Art as a tool of self -expression, self – reflection, self- awareness of human being. The role of art in craft. Combining of art and craft as main tool of the education and development of people with mental disability. (6 hours).***

***Biography as key aspect of social therapy. Social art. Nature of relationships in social education. I and It , and I and Thou relations. Dialogue as meeting with people with special needs (6 hours).***

 ***The role of self development of social therapist in the way of doing art and craft, of self -expression, self - reflection, self- awareness of human being. Body as an instrument of the profession. (6 hours).***

***Ethical sensitivity of social therapist. Problem of guidance and freedom. Attention to the abilities and needs of clients. Adaptation of work to become available to clients with limited abilities (6 hours).***

***Collaboration, teamwork, community building (6 hours).***

***Exercises in qualitative research methods (30 hours)***

This course provides possibility for students to spend enough time in workshops together with beneficiaries, reflect own experiences, both connected with activity, impact of craft itself and collaboration and social guidance of beneficiaries. Besides they will participate in inclusive art groups, in art lessons of dance, quire, theatre, painting.

Students are given possibility of supervised academic writing during last half a year.

Total: 60 hours theory, 135 hours of art, 180 hours of supervised practice and 100 hours of independent learning

**Total 300 hours**

**In TOTAL 1260 hours**